

**LOCATION: ATOMIC TAE KWON DO 22 CLINTON AVE. HUNTINGTON 11743 631-470-7824**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00-10:50	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>ALL AGES SPARRING</b>	
11:00-11:50	<b>CARDIO TAE KWON DO</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>PRIVATE CLASS NO STUDENTS</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>KIDS UNDER 7 ALL BELTS</b>	
12:00—12:50	<b>TRIAL CLASSES</b>	<b>AFTER SCHOOL PLAYTIME</b>	<b>AFTER SCHOOL PLAYTIME</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>AFTER SCHOOL PLAY TIME</b>	<b>KIDS UNDER 7 GREEN AND ABOVE</b>	
1:00-1:50	<b>KIDS UNDER 7 ALL BELTS</b>	<b>AFTER SCHOOL PLAYTIME</b>	<b>AFTER SCHOOL PLAYTIME</b>	<b>CARDIO TAE KWON DO</b>	<b>AFTER SCHOOL PLAY TIME</b>	<b>FAMILY CLASS KIDS 7-12</b>	
2:00-2:50	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>TEENS/ADULTS</b>	
<u>3:10-3:50</u>	<b>KIDS 7-12 TEENS /ADULTS FORMS/ 1 STEP</b>	<b>KIDS 7-12 TEENS /ADULTS JUI-JITSU</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>KIDS 7-12 TEENS /ADULTS STICKS</b>	<b>UNDER 7 WHITE-YELLOW ORANGE</b>		
4:00-4:50	<b>RED BELTS ABOVE</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>KIDS 7-12</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>KIDS 7-12 WEAPONS CLASS</b>		
5:00-5:50	<b>KIDS UNDER 7 ALL BELTS</b>	<b>KIDS 7-12</b>	<b>KIDS UNDER 7 ALL BELTS</b>	<b>RED BELTS ABOVE</b>	<b>KIDS UNDER 7 ALL BELTS</b>		
6:00-6:50	<b>FAMILY CLASS KIDS 7-12</b>	<b>GREEN AND ABOVE TEENS/ADULTS</b>	<b>FAMILY CLASS KIDS 7-12</b>	<b>GREEN /ABOVE TEENS/ADULTS (ADV. KICKING)</b>	<b>KIDS UNDER 7 GREEN AND ABOVE</b>		
7:00-7:50	<b>CLOSED</b>	<b>CARDIO TAE KWON DO</b>	<b>TEEN/ADULT SPARRING</b>	<b>CARDIO TAE KWON DO</b>	<b>FAMILY CLASS KIDS 7-12</b>		
8:00-8:50	<b>CLOSED</b>	<b>TEENS ADULTS</b>	<b>TEENS/ADULTS SELF-DEFENCE</b>	<b>TEENS ADULTS</b>	<b>CLOSED</b>		