

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	MAT 1	MAT 2	MAT 1	MAT 2	MAT 1	MAT 2	MAT 1	MAT 2	MAT 1	MAT 2
10:00-10:40	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	ADULT CARDIO 10:15 to 11:00	CLOSED	CLOSED
11:00-11:40	CLOSED	CARDIO TAE KWON DO	UNDER 7 ALL BELTS	CLOSED	UNDER 7 ALL BELTS	CLOSED	PRIVATE	PRIVATE	TBA	CLOSED
12:00-12:40	TRIAL CLASS	PRIVATE	PLAYTIME	PRIVATE	PLAYTIME	PRIVATE	UNDER 7 ALL BELTS	PRIVATE	TBA	PRIVATE
1:00-1:40	UNDER 7 ALL BELTS	PRIVATE	PLAYTIME	PRIVATE	PLAYTIME	PRIVATE	PRIVATE	PRIVATE	UNDER 7 ALL BELTS	PRIVATE
2:00-3:20	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
3:20-4:00	CLOSED	7-12 TEENS/ADULTS RMS/1 STEP	CLOSED	7-12 TEENS/ADULTS JUI-JITSU	UNDER 7 ALL BELTS	CLOSED	CLOSED	7-12 TEENS/ADULTS STICKS	UNDER 7 ALL BELTS	CLOSED
4:00-4:40	PRIVATE	RED BELTS AND ABOVE	UNDER 7 White- Yellow-Orange	PRIVATE	PRIVATE	7-12 White- Yellow-Orange	UNDER 7 White- Yellow-Orange	PRIVATE	PRIVATE	7-12 TEENS/ADULTS WEAPONS
4:40-5:20	UNDER 7 White- Yellow-Orange	UNDER 7 GREEN- BLUE PURPLE	PRIVATE	UNDER 7 GREEN- BLUE PURPLE	RED BELTS AND ABOVE	UNDER 7 GREEN- BLUE PURPLE	7-12 GREEN AND ABOVE	UNDER 7 GREEN- BLUE PURPLE	7-12 White- Yellow-Orange	UNDER 7 White- Yellow-Orange
5:20-6:00	UNDER 7 White- Yellow-Orange	7-12 White- Yellow-Orange	7-12 White- Yellow-Orange	7-12 GREEN AND ABOVE	UNDER 7 White- Yellow-Orange	7-12 GREEN- BLUE PURPLE	7-12 White- Yellow-Orange	DEMO TEAM	FAMILIES ONLY & ADULTS	UNDER 7 GREEN- BLUE PURPLE
6:00-6:50	FAMILIES ONLY	7-12 GREEN AND ABOVE	PRIVATE	TEENS/ADULTS	PRIVATE	GRAPPLING	CHILDRENS CARDIO TAE KWON DO	ADULTS ONLY CARDIO TAE KWON DO	PRIVATE	7-12 GREEN AND ABOVE
7:00-7:50	CLOSED	CLOSED	CHILDRENS CARDIO TAE KWON DO	ADULTS ONLY CARDIO TAE KWON DO	CLOSED	SPARRING ALL AGES	PRIVATE	7-12 TEENS/ADULT GREEN & ABOVE	CLOSED	CLOSED
8:00-8:50	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	TEENS/ADULTS SELF DEFENSE	CLOSED	CLOSED	CLOSED	CLOSED
SATURDAY	10:00-10:50	11:00-11:40	11:40-12:20	12:20-1:00	1:00-1:50	2:00-2:50				
MAT 1	CLOSED	UNDER 7 White- Yellow Orange	PRIVATE	PRIVATE	PRIVATE	CLOSED				
MAT 2	SPARRING ALL AGES	UNDER 7 GREEN- BLUE PURPLE	7-12 White- Yellow-Orange	FAMILIES ONLY	7-12 TEENS/ADULTS GREEN & ABOVE	CLOSED				

